

Family Caregivers: Do you care for a family member with dementia?

Would you like to do errands, exercise, shop, attend YOUR doctor appointment, have lunch with a friend, or just RELAX?



There are many Social "Respite" Programs in Erie County available at **NO CHARGE!** Trained volunteers provide fun, one-on-one, stimulating, supervised activities including games, crafts, pet therapy, gentle exercise, music/singing and lunch or snacks for your loved one while you take a much deserved break. **ALL** are welcome!

1st Wednesday, 10:30am – 2:30 pm

First United Methodist Church
474 East Main St., Springville
Contact: Barb Blesy 592-7451

2nd Wednesday, 10:30 am - 2:30 pm

Hamburg United Methodist Church
116 Union St., Hamburg
Contact: Lisa Rood 941-5703

3rd Wednesday, 10:30 am - 2:30 pm

Eden United Methodist Church
2820 East Church St., Eden
Contact: Kevin Karstedt 992-2248

4th Wed. & 2nd Thurs., 10:30 am - 2:30

Baker Memorial United Methodist Church
345 Main St., East Aurora
Contact: Michele Engasser 652-0500

3rd Thursday, 10:30 am – 2:30 pm

St. David's Episcopal Church
3951 Seneca St, West Seneca
Contact: Annie Francowiak 674-4670

1st Thursday, 10:30 am – 2:30 pm

Holland United Methodist Church
11699 Partridge Rd., Holland
Contact: Cindy Cassavino 388-3150

2nd Saturday, 10:30 am – 2:30 pm

Grace Lutheran Evangelical Church
174 Cazenovia St., Buffalo 14210
Contact: Susan Swanson 992-3814

1st Tuesday, 11:30 am - 3:30pm

St. John the Baptist RC Church
1085 Englewood Avenue, Kenmore
Contact: Mary Elias 716.874.0672

2nd Friday, 10 am – 2 pm

Metropolitan United Methodist Church
657 Best St., Buffalo
Contact: Lynelle Reed 891-5652

1st Wednesday, 10:30 am - 2:30 pm

Trinity Old Lutheran Church
3445 Sheridan Dr., Amherst
Contact: Jan or Paulette 836-4868

1st Saturday, 11am – 2 pm

St. Gregory the Great RC Church
200 St. Gregory Ct., Williamsville
Contact: Lee Zach 688-5678 ext. 339

3rd Monday, 4:30 pm – 7:30 pm

Clarence Senior Center
4600 Thompson Rd., Clarence
Contact: Deb Sabbatis 633-5138

3rd Tuesday, 10:30 am – 2:30 pm

1st Presbyterian Church
149 Broad St., Tonawanda
Contact: Kathy Greenawalt 692-1319

4th Wednesday, 1:30 – 5:30 pm

Golden Age Center
3278 Whitehaven Rd., Grand Island
Contact: Jennifer Menter 773-9682

2nd Tuesday, 10 am – 2 pm

Asbury United Methodist Church
850 Dodge Rd., Getzville
Contact: Pat Hair 580-3861 or asburyangels@gmail.com

2nd Thursday, 10:30 am – 2:30 pm

First Church of Evans
7431 Erie Rd. Derby 14047
Contact: Debby Waddell 549-0908

1st Monday, 10:30 am – 2:30 pm

Gowanda United Methodist Church
30 North Chapel St., Gowanda
Contact: Terry Gabel 462-2367

*Sponsored by Erie County Senior Services, DOH; volunteers are trained by the Alzheimer's Association.
Please call the contact person for each program to register or for more information.
ALL are welcome to participate in any or all the programs.*